

St. Matthews  
Episcopal Church  
Volume 6 Issue 4  
April 2011

# Kiddie Link

## Follow Me

I lift up my eyes to the mountains—  
where does my help come from?

My help comes from the LORD,  
the Maker of heaven and earth.

Psalm 121 1 & 2

The beauty of being in a liturgical church is the rhythm that is produced throughout the seasons and worship. Each action and prayer is a tool to keep us focused on Him. During Lent, we naturally fall into a time of reflection and repentance. Advent, though intended for repentance, also ushers in anticipation and excitement.

But outside of the sanctuary, what keeps your heart's compass pointing heavenward? How do you represent God to those around you?

Last month I challenged you to consider your daily community your mission field. But this month, take a step back. How are you fueling the work that God has designed for you? Where do you find your strength?

Just as a diet of caffeine and junk food may fuel the body. Eventually, illness and malnutrition will bring everything to a halting stop. A spiritual diet of just Sunday morning sermons (though wonderfully preached) will lead to the same type of illness for the soul. You need to be nourishing daily your soul, renewing your mind through Bible study, prayer and contemplation on God.

When the world around needs you, calls you to show them God, you will be strengthened by God's word, fortified through prayer and bound to the One who will help you be part of His plan.

With peace,

Jill, DCE

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## Monthly Mentions

**The Gamers**—will meet next meet in June Stay tuned for more information.

**Nursery Help is still needed.** We have some holes this month. If you are willing to pull an extra duty, please call Jill Rich at 288-1911 to volunteer.

**Don't forget**—the volunteer schedules are now on the website, stmatthewsrichmond.org. The password is rockycat.

**Mite Boxes have been sent home.** If you need one, please see a supervisor or Jill. They are also available in the Narthex and Main Office.

**EASTER REMINDER**—There is no SUNDAY SCHOOL Easter morning. Three services 7:00, 9:00, & 11:15. Childcare provided at 9:00 and 11:15 (want to lend a hand? I need two volunteers at 11:15).

## Nursery Schedule

**Thank you to all from the congregation, as well as all the parents who have selflessly offered their time to care for our younger parishioners.**

**If you would like to be included on the schedule, call Jill at 288-1911.**

Date	Infants	Toddlers	Preschoolers
April 3	Lynda Jenkins Katheryn Bowles	Elizabeth Spadea John Spadea	Heather Creswick Tom Veech
10	Holly Curell Ken Curell	Kathryn Martin Natalie Axtell	Kate Garitz Shawn Garitz
17	Nancy Knight Katheryn Bowles	Gail Ridgeway Barry Ridgeway	Ann Brown Boyd Brown
24 Easter	9:00 - Megan Lloyd	11:15 - ???	
Combined Nurs-	Chris Lloyd		